



# Tallil Times

## IN BRIEF

### Force Protection change

Due to a change in the force protection posture the following procedures have been implemented at the Coalition Cafe and the Post Exchange.

100% ID Check of all U.S. and Coalition personnel entering these facilities (must show Tallil Air Base Photo ID Badge or CAC ID).

Random searches of personnel entering these facilities.

No bags allowed into either the Coalition Cafe or the Post Exchange.

### Bedrock Central

Bedrock City Council will meet Apr. 7, at 9 a.m., in the 407th AEG conference room.

The Bedrock Health, Morale, Safety and Welfare committee meets Tuesdays at 8 a.m., in the Chapel Annex. Discussion this week will be the base bug problem, which the Pest Management Team is working. See Billeting for mosquito netting, supplies limited.

This is an open forum for all interested in attending.

Infrastructure committee meeting is held Tuesdays at 2 p.m., in the 407th ECES conference room, Bldg. 630. Environmental Control Units are being replaced in Bedrock during the day to ensure they function correctly during hotter weather. Call 445-2237 for additional information.

### Off Duty Education

The Learning Skills Center here at Tallil Air Base offers CLEP, DANTES, Excelsior, CDC, ACSC, SOS, Air War College Testing and other off duty education opportunities. Their office is located in Bldg I-1, the brown Conex across from the Cyber Café & Library. Hours of Operation are 8 a.m. to 8 p.m. Monday through Saturday. For more information, call at 459-1212.



Photo by Master Sgt. Terry Nelson

U.S. Army Specialists Christopher Nave (Front) and William Green, inspect fire fighting equipment Monday. Specialist Nave and Green are U.S. Army firefighters currently working with the 407th Expeditionary Civil Engineer Squadron's Fire Department.

## Firefighters teaming up

By Master Sgt. Terry Nelson

407th AEG Public Affairs

They may have U.S. Army insignia on their uniform, but Specialists Christopher Nave and William Green, 8th Ordinance Company, 1st Core Support Command, have been honing their fire fighting skills with the 407th ECES fire department for nearly three months.

Specialist Nave and Green have been deployed for nearly nine months, and are the only two firefighter deployed with their unit.

Prior to their arrival at the 407th, the firefighters were working outside their Military Occupational Specialty (MOS), the Army's equivalent to the Air Force's AFSC.

"For the first six months of our deployment we were stuck doing details," said Specialist Green. "We really wanted to be doing our job, so Specialist Nave and I approached our leadership and asked if it were possible for us to train with the Air Force."

After coordinating with Senior Master Sgt. Robert Appling, 407th ECES fire chief, the details were worked out and the Specialists were augmented to the 407th ECES Fire Department.

"These guys have been great, they are involved in any and everything we do said," Tech. Sgt. James Rose, B-Shift fire station chief. "I work with Specialist Green on B-Shift and he has done a great job,

## Future leaders need not apply

By Chief Master Sgt. Steve Cron

407th ECS Superintendent

One of my long standing pet peeves is the term, "future leader." Invariably, the term is bounced around like a beach ball at a Limp Biscuit concert during every ALS graduation I've ever attended.

Allow me clarify something. Airman Leadership School doesn't create future leaders; it prepares current leaders for increased responsibility.

If you sit around and refuse to lead because you're not "in charge," you're missing the point. The Air Force needs leadership at all levels. Whether this is through your shop or a professional organization just step up and take responsibility to make something better.

I lay out an expectation during feedbacks for subordinates to find those things that aren't working well

and improve them. If you give it some thought, you could probably make a long list yourself. Well, what are you waiting for? Be a leader and make your work center, organization, or base a better place now.

If you need help, ask for it. If what you want to improve is beyond your span of control, press your idea up your chain of command. One of an NCO's most important responsibilities is to prepare you to replace them. Nothing works better than hands-on experience.

Don't forget that being a good follower is important. Sometimes the answer to your proposal is "NO" and we have to accept that. I usually make a point to explain the rationale though. Understanding why something won't work is important. Let's just pray that the rationale isn't something as stupid as, "it's the way we've always done it" or "because I said so." That aggravates me too.

So, it's a pretty simple. You can be an Airman that makes things happen or you can be an Airman that things happen to. What are kind are you?



Photos by Master Sgt. Terry Nelson

Colonel Dennis M. Diggett, 407th Air Expeditionary Group commander, and Chief Master Sgt. James Lawrence, 407th AEG superintendent, congratulate monthly award winners here Mar. 29. The 407th AEG monthly awards program runs a little differently than most home station awards programs. Monthly winners were recognized for accomplishments between Feb.15, and Mar. 15.

### Monthly award winners:

In the Company Grade Officer Category; 1st Lt. Paul Cancino, 407th ELRS (Above)

In the Senior Noncommissioned Officer Category; Master Sgt. Paul Booton, 407th Expeditionary Logistics Readiness Squadron, (Not Pictured).

In the Noncommissioned Officer Category; Staff Sgt. Ryan Boyd, 407th ECES Fire Department, (Below). Colonel Diggett presented award winners with a commander's coin and certificate.

In the Airman Category; Senior Airman Joshua Ross, 407th Expeditionary Civil Engineer Squadron, (Right).

The Sharp Sabre Team Award winner for the month was the 407th ECES Explosive Ordnance Disposal Team. Their photo will run in the Apr. 8, Tallil Times.



The Tallil Times

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Deadline for publication is 2 p.m. Thursday before the week of publication. For more information, call 445-2002, or e-mail the staff.





# The long run...

By Master Sgt. William McKeon

407th ECONS

26.2 miles ... 42.2 kilometers ... possibly the longest three hours, four hours, five hours or more of one's life.

What we are talking about here goes beyond the standard one and a half miles used to evaluate an Air Force member's physical fitness level. We are talking about completing a marathon, which for some can be the utmost evaluator of one's will, commitment to a goal and drive to succeed.

Completing a marathon is a life-long goal for many, but it is not as huge an obstacle as one would think. Imagine the pride and satisfaction that you would feel being able to say, "I completed a marathon, 26.2 miles, and I did a great job!" Anyone physically able to complete the Air Force Fitness Program's one and a half mile run can complete a marathon. It takes a little time, effort and a commitment to accomplish something many people think can not be done.

We all have the basic requirement to get started marathon training. If you PT (get

"Fit to Fight" or whatever you want to call it) three times a week, which should include a run, then you have a solid foundation to begin from.

For a beginner's marathon, a run/walk program is great. Jog three to five miles, three times a week and on a weekend morning, start doing a long run. Begin with five miles and add a mile every weekend run until you hit about 10 miles; then run 10+ adding a mile every other weekend. On your long runs, run for five minutes and walk for one, while keeping a comfortable pace and then relax. The walk allows your legs to recover and allows you to regain your breath if you've become winded. The walk/run also breaks the training into small segments so the distance is not as overwhelming.

Think of the time out for your long runs as personal time. Look at it as a time to catch up on thinking, daydreaming, compose letters to friends; if you're on a track or trail, listen to some music, it's basically YOU time.

Schedule your last long run, around 22 miles, about three weeks before your marathon and taper down to the race.

When marathon time comes, reflect on all the runs and training you've accom-

plished. You have already run a continuous 20+ miles in training so you know the 26.2 is attainable.

Get a good sleep two nights before the marathon; you will not sleep well the night before regardless of how confident you are.

After five marathons and countless five and 10Ks, including triathlons, I still don't sleep well before a race.

Wear comfortable clothes and good running shoes that you have already broken in during your training runs, and never wear anything new. Keep to your training schedule and relax, enjoy the day.

The marathon will be tiring - you legs will be sore, as well as other muscles you never knew you had. However, when the finishers' medal is placed over your head, you'll take away a confidence and sense of self that can only come from within. You will know deep down that your accomplishment did not come from an "I can" or "I can't" attitude, but from an "I WILL" mindset.

You never know, you may get the "marathon bug", leading to a lifestyle of marathon chasing. Speaking of marathons, the Ali/Boston Marathon is scheduled for Apr. 18, to coincide with the Boston Marathon. Hope to see you there.

## AROUND YOUR AIR FORCE

### New program aims to improve moving process

Full replacement value for lost or damaged items is among several changes taking effect in October as part of a new program called "Families First" which aims to improve the moving process for military families.

"We're going to have a lot of happier campers because they are not going to be losing any money out of their pockets like they did before," said Cullen Hutchinson of the passenger and personal property office at the Military Surface Deployment and Distribution Command in Alexandria, Va.

Under the current claims process, servicemembers only receive a depreciated value for property that is lost or damaged, he said.

For example, a \$200 television that is lost or damaged might only be valued at \$100 after depreciation, he said.

Another benefit of the program is that servicemembers will now deal directly with the carrier to arrange direct delivery of household goods, thus alleviating the need for temporary storage, he said.

"What makes this even better for the servicemembers is that whenever you have temporary storage (and) more handling of your household goods, the more susceptible it is for loss or damage," Mr. Hutchinson said.

In Families First, servicemembers will file settlement claims directly with the carrier, using a Web-based claim-filing process. "There will not be a middle man; the servicemember will be able to address the carrier directly on the issue (he or she has)," he said.

Mr. Hutchinson said servicemembers will be encouraged to com-

plete a Web-based customer satisfaction survey that measures the performance of carriers, and that survey will become part of that carrier's record.

"If the carrier's performance is poor, then the amount of business he's going to get from the government is going to fall off or stop completely," he said. "So there is an incentive there. It's no longer a competition on cost, but it's a competition now with cost and performance."

He said efforts like Families First should help improve the quality of service in the military moving industry that carries household goods of more than 500,000 servicemembers and their families each year.

He said problems in the moving industry have plagued the services for years, and that efforts to improve the moving process have been ongoing since 1994, starting with re-engineering of the household goods process.

"The perceptions were that DOD was experiencing a very high loss and damage rate," Mr. Hutchinson said. "When we looked at the numbers, it was significantly higher than some of the corporate accounts."

In addition, he said, claim rates also were higher for military moves. While average military claims ranged around \$500, he said many corporate claims were in the range of \$100.

In the end, he said, DOD officials expect to see a "considerable decrease in loss and damage claims."

"The reason for that is that the carrier is assuming a higher liability for claims," he said. "So it's in their best interest to protect the goods better so they are not subject to this loss."

Mr. Hutchinson said the program also should ease some of the stress involved with moving.

# Fire

Continued from Page 1

especially with the younger firefighters, showing them how things are done in the Army.”

In the past three and a half months the Specialists have had the opportunity to train with the Air Force fire fighters as well as civilian contractors.

“We have received some great training in our time here, it is too bad that we have to return to our unit in a few days said, Specialist Nave. “These guys (the Air Force), took us in like we were part of the family, and treated us as though we deployed here with them.”

There are currently 35 firefighters assigned to the 407th ECS Fire Department, which includes Specialists Nave and Green. On the civilian side, the WSI Contract Fire Department has about 30 firefighters. The members of the Air Force Fire Department and WSI Contract Fire Department work together and train on their newest equipment. Each team has made a commitment to excellence and has developed a unique bond and mutual respect for each other as well.

“With Specialist Nave and Green going back to their unit, we are losing two outstanding firefighters,” said Tech. Sgt. Rose. “We are going to miss them, I think very highly of both of them.

Specialist Nave echoed the sentiment of both, when he said, “I am going to miss these guys and I would like to thank the Air Force for this great opportunity.



Courtesy photo

Captain Jeff Wagoner, WSI Contract Fire Department, helps train Specialist Green (Left) and other firefighters assigned to the 407th ECSE Fire Department. Members of the Air Force Fire Department and WSI Contract Fire Department work together and train on their newest equipment. Each team has made a commitment to excellence and have developed a unique bond and mutual respect for each other as well.

## Don't get bitten by the “Complacency Bug”

By Staff Sgt. Tawanna Sellars

407th AEG Safety Office

Lately have you noticed yourself forgetting to apply your DEET lotion when going outdoors? Have you recently spoken or emailed a friend carelessly ignoring specified OPSEC requirements? Is complacency beginning to creep into your day to day lifestyle?

Safety's not one dimensional, it's multidimensional and can be applied to a vast array of on and off-duty concerns.

For some Air Force members safety attitudes exhibited in the last 30 days of a de-

ployment are in stark contrast to safety attitudes displayed the day they first arrived.

As deployed members falling victim to complacent tendencies can undermine a mission and cause unexpected injury to even the most skilled and able-bodied member.

If left unattended complacency can spread like a virus and consequentially have a profound ripple effect on an otherwise polished unit.

We all see and hear the warning signs—a near miss here, a near miss there. It's important to recognize these danger signs early or it may be too late.

Air Force members are defined by their

discipline and sense of order. For many Air Force members the excitement of returning home safely overshadows a daily safety regimen in what neglectfully amounts to “safety taking a time off”.

A wandering mind has no place in a military environment rife for combat. Derail complacency by demonstrating a strong vigilance toward completing our mission safely.

The responsibility rests not only with ourselves, but with our units and loved ones back home to whom we've promised a safe return.

Don't allow the “complacency bug” to breed, any loss is one too many.





# First Ail Base Star Search competition a big hit

By Master Sgt. Terry Nelson

407th AEG Public Affairs

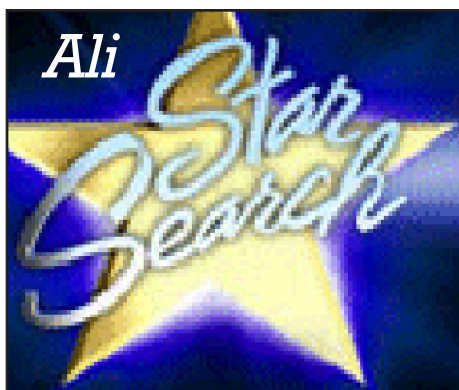
Around 350 people packed the Big Top here Mar. 25, for Ail Base's first Star Search competition.

The standing room only crowd was treated to an array of talent, from country to gospel to rock and rap.

Airman 1st Class Herbert Clark and Michael Game, along with Senior Airman Sharief Scarbriel, formed the talented group, Force Protection. They performed a number of "Popping" and "Break Dancing" moves that awed the cheering fans. The three Airmen walked away with the first place and a \$100 AAFES Gift Certificate. They are assigned to the 407th ECES.

The second place award of a \$50 AAFES Gift Certificate went to Airman 1st Class Karen Adado, 407th AEG, who belted out a stunning rendition of LeAnn Rime's hit song "How Do I Live".

Airman 1st Class Raymond Buzeta, 407th ESVS, rounded out the top three with his rendition of "Last Kiss", and took home a \$25 AAFES Gift Certificate.



## Ali Star Search

(Top) Airman 1st Class Herbert Clark (Right) and Airman 1st Class Sharief Scarbriel, 407th ECES Force Protection, perform Mar. 25, at the Ali Star Search competition. The Force Protection trio waked away with first place.

(Left) Airman 1st Class Karen Adado, 407th AEG, sings "How Do I Live" Mar. 25, at the Ali Star Search competition. She took home second place.

(Middle Right) Airman 1st Class Raymond Buzeta, 407th ESVS, performs Mar. 25, at the Ail Star Search competition. Airman Buzeta rounded out the top three.

(Bottom Right) Some of the standing room only crowd stands and applauds one of the performances during Ali Base's first Star Search competition.



Photos by Airman 1st Class Jessica Farley



# Sports Day at Ali Base

By Master Sgt. Terry Nelson

407th AEG Public Affairs

The competition was fast and furious during Saturday's Unit Sports Day. The 407th Expeditionary Communications Squadron won the overall title, taking second was the 407th ELRS, followed by the 407th ECES. (Names provided by ESVS)

## Individual and Squadron event winners

### 6 on 6 Volleyball

1st, EOSS; 2nd, ECS; 3rd, ECES

### Tug-Of-War

1st, 777; 2nd, ECES; 3rd, ELRS

### 5 on 5 Basketball

1st, ECES; 2nd, ESFS; 3rd, ECS

### Arm Wrestling (Male)

1st, Staff Sgt. Jason Romine, EOSS; 2nd, Airman 1st Class Charlton Nelson, ELRS; 3rd, Maj. Kevin Sutton, ECS

### Arm Wrestling (Female)

1st, Airman 1st Class Kenosha Wiley-Smith, ESVS; 2nd, Master Sgt. Tracy Branstetter, ESVS; 3rd, Tech. Sgt. Sheila Robinson, ESVS

### Sit Ups (Male)

1st, Airman 1st Class Brad Parncutt, ECS; 2nd, Airman 1st Class Adonis Prince, ECES; 3rd, Staff Sgt. Greg Fedorick, ECS

### Sit Ups (Female)

1st, First Lt. Claudia Denton, ECS; 2nd, Capt. Sabrina Jones, ESVS; 3rd, Senior Air-

man Jessica Prince, ELRS

### Push Ups (Male)

1st, Staff Sgt. Javier Contreras, ECS; 2nd, Airman 1st Class Patrick Holmes, ECES; 3rd, Staff Sgt. Chris McMullin, EOSS

### Push Ups (Female)

1st, First Lt. Claudia Denton, ECS; 2nd, Senior Airman Tanya Hill, ECES; 3rd, Airman 1st Class Karen Adado, AEG

### Pull Ups (Male)

1st, Staff Sgt. Greg Fedorick, ECS; 2nd, Airman 1st Class Adonis Prince, ECES; 3rd, Airman 1st Class Patrick Holmes, ECES

### Pull Ups (Female)

1st, First Lt. Claudia Denton, ECS; 2nd, Staff Sgt. Samantha Birk, ELRS; 3rd, None

### 2 Mile Walk (Male)

1st, Senior Master Sgt. Stephen Knorr, ELRS; 2nd, Staff Sgt. Jeffrey Hodson, ELRS; 3rd, Airman 1st Class Robert Muscato, ELRS

### 2 Mile Walk (Female)

1st, Airman 1st Class Melissa Rotolo, ECES; 2nd, Staff Sgt. Samantha Birk, ELRS; 3rd, Staff Sgt. Elizabeth Dooley, ELRS

### 5 K Run (Male)

1st, Master Sgt. Bill McKeon, AEG; 2nd, Staff Sgt. Greg Fedorick, ECS; 3rd, Senior Master Sgt. Don Foster, ELRS

### 5 K Run (Female)

1st, First Lt. Claudia Denton, ECS; 2nd, Second Lt. Sandra McDonald, ECS; 3rd, Senior Airman Tanya Hill, ECES

### Dodgeball

1st, ESFS; 2nd, ESVS; 3rd, ECES



Top and bottom left photo by Master Sgt. Terry Nelson

First Lieutenant Claudia Denton, 407th ECS, finished first in the 5K Run Saturday with a time of 22:05. She also won the women's Pull Ups, Sit Ups and Push Ups events.



Photo by Master Sgt. Mark Bucher

Captain Eric Suci, 407th EOSS, serves the volleyball here Saturday during the 6 on 6 volleyball tournament. Captain Suci's OSS team took home first place in the competition.



The volleyball action highlighted the Sports Day competition Saturday here at Ali Base. The high winds played havoc on the court.

More Sports Day photos on Page 7





Photos by Master Sgt. Mark Bucher

## Sports Day fun

(Top Left) Staff Sgt. Steve Sargent, 407th ECS, spikes the volleyball here Saturday during the 6 on 6 volleyball tournament. The 407th ECS took second in the competition.

(Top Right) Major Kerry Self, 777th EAS, helped pull his team to a first place finish in the Tug-Of-War competition Saturday.

(Bottom Left) Senior Airman Roy Arndt and Lt. Col. Patrick Fogarty, 407th ECES, helped their team finish second in the Tug-Of-War competition Saturday.

(Bottom Right) Staff Sgt. Bobby AbaKah, 407th ESVS, gives the "it's a two point shot signal" during the 5 on 5 Basketball tournament Saturday.



## 407th AEG Warrior of the Week TSgt. Christopher Lee



**Unit:** 407th Expeditionary Security Forces Squadron

**Home unit:** 62nd Communications Sq., McCord AFB, WA.

**Why other warriors say he's a warrior:**

Created a spreadsheet that lists by office each computer, monitor, printer, and laptop in the squadron. This spreadsheet enables Sergeant Lee to conduct an ADPE inventory in a proficient manner. He completed an inventory last week and the 407 ESFS is 100% accountable for all equipment assigned to squadron. Sergeant Lee ensured that new SFS personnel arriving here to Ali Base this past week received their NIPR and SIPR e-mails accounts in a timely manner.

**What is your most memorable Air Force experience?**

Having Maj. Gen. David Vesely, former 14th Air Force commander, pin on my Staff. Sgt. stripes in 1995.



*Photo taken and altered by Master Sgt. Terry Nelson*

This photo was taken at Ali Base Saturday afternoon. Intel can neither confirm or deny the presents of Aliens here. Happy April Fool's Day!

### From the Chapel

During the dark days of World War II, England had a great deal of difficulty keeping men in the coal mines. It was a thankless kind of Job, totally lacking in any glory.

Most chose to join the various military services. They desired something that could give them more social acceptance and recognition. Something was needed to motivate these men in the work that they were doing so that they would remain in the mines.

With this in mind, Winston Churchill delivered a speech one day to thousands of coal miners, stressing to them the importance of their role in the war effort.

He did this by painting for them a mental picture. He told them to picture the grand parade that would take place when VE Day came.

First, he said, would come the sailors of the British Navy, the ones who had upheld the grand tradition of Trafalgar and the defeat of the Armada. Next in the parade, he said, would come the pilots of the Royal Air Force.

They were the ones who, more than any other, had saved England from the dreaded German Luftwaffe.

Next in the parade would come the Army, the ones that had stood tall at the crises of Dunkirk.

Last of all, he said, would come a long line of sweat-stained, soot-streaked men in minor's caps. And someone, he said, would cry from the crowd, "And where were you during the critical days of the struggle?"

And then from ten thousand throats would come, "We were deep in the earth with our faces to the coal."

We are told that there were tears in the eyes of many of those soot laden and weathered faced coal miners. They had been given a sense of their own self worth by the man at the top.

Service does not always come with big fancy ribbons. And I think that it is forever true, that it is often the humble acts of service that provide us with the deepest sense of joy and the most fulfilling satisfaction.

## Identify This



**KNOW WHAT THIS IS?** Each week, the "Tallil Times" staff takes a photo from around Ali Base. If you can identify the object or item, shoot us an e-mail at: [tallil.times@tlab.aorcentaf.af.mil](mailto:tallil.times@tlab.aorcentaf.af.mil). with "Identify This" in the subject block. The winner gets their name printed in the Tallil Times. Congratulations to Airman 1st Class Karen Adado who was the first to correctly identify the photo in the Mar. 18, Tallil Times of a porta-potty handle.



## OUT AND ABOUT



### Worship services

Worship is at the 407th Air Expeditionary Group Oasis of Peace Chapel, unless otherwise noted. The chapel is open 24 hours a day for prayer and reflection. For details on worship opportunities, call 445-2006.

#### Sunday

**0730** Catholic Confession @ Chapel/Chaplain's Office

**0800** Roman Catholic Mass @ Chapel

**0930** Traditional Protestant Service @ Chapel

**1000** LDS Service @ Army Religious Activity Center

**1030** Roman Catholic Mass @ Camp Cedar

**1230** Gospel Service @ Big Top

**1800** Contemporary Praise Team Rehearsal @ Chapel

**1900** Contemporary Worship Service @ Chapel

#### Monday

**1800** Weekday Mass @ Chapel

**1830** Gospel Service Prayer Hour @ Conf. Room

**1930** Gospel Choir Rehearsal @ Big Top

#### Tuesday

**0600** Weekday Mass @ Chapel

**1900** RCIA @ Conf. Room

#### Wednesday

**1700** Catholic Choir Rehearsal @ Chapel

**1800** Weekday Mass @ Chapel

**2000** 40 Days of Purpose Bible Study @ Chapel Annex

#### Thursday

**0600** Weekday Mass @ Chapel

**1830** Catholic Choir

Rehearsal @ Chapel

**1900** LDS Study @ Army Religious Activity Center

**1945** Gospel Service Bible Study @ Chapel

#### Friday

**1800** Weekday Mass @ Chapel

**1830** Gospel Choir Rehearsal @ Chapel

**1145** Islamic Prayer @ Army Religious Activity Center

#### Saturday

**1730** Catholic Confession @ Chapel/Chaplain's Office

**1800** Catholic Vigil Mass @ Chapel

**1900** Contemporary Praise Team Rehearsal @ Chapel

## Noor returns home

Captain Sean McCarthy, 407th AEG, hands Norr-Al-Hady a Teddy bear after she arrived at Ali Base earlier this week.

On Feb. 15, five-year-old Noor boarded a Japanese C-130 here, bound for Portland Maine, where she was to undergo heart surgery. Her return culminates the efforts of many selfless volunteers.

Noor had struggled her entire life with a birth defect, which has caused her to have a hole between the two ventricles in her heart. Her condition had been diagnosed as Ventricle Septal Defect. If the defect wasn't corrected, she would have been susceptible to heart failure.

Fortunately, Noor's condition was brought to the attention of Dr. Reed Quinn, a pediatric heart surgeon in Portland Maine. Dr. Quinn contacted Mr. Rick Morrone, the Chief Executive Officer of the Maine Heart Surgical Associates in Portland. Mr. Morrone and Dr. Quinn gave generously, offering to provide all medical, surgical and rehabilitative services, and housing for Noor's father at the Ronald McDonald house in Portland. Dr. Quinn performed successful surgery on Noor in late Feb., and she has been recuperating until she was well enough to return home.

For more information on Noor's incredible journey, read the Feb 25., and Mar. 11, editions of the Tallil Times. Back issues of the Tallil Times can be found at S:\407 AEG\Public\PA\Tallil Times Archives.



## ***"Dirt Boyz" making it happen at Ali***



*Photos by Senior Master Sgt. Maurice Stansbury and Master Sgt. Terry Nelson*

(Top Left) Senior Master Sgt. Maurice Stansbury and 2nd. Lt. Joseph Wierenga, 407th ECES, work on a clearing project here at the 407th Group Headquarters Bldg. (Top Right) Senior Airman Joseph Austin, 407th ECES, brushes the parking lot during the clearing project at the Headquarters Bldg. (Bottom Left) Senior Airmen Chad King and Joseph Austin, 407th ECES, shovel dirt atop a Hesco barrier as Senior Airman Dwight Poe, 407th ECES, runs the excavator during the Forward Air Refueling Point job. (Bottom Right) Senior Airman Dwight Poe moves dirt with a front end loader here recently.

### ***Muscle Beach Events***

**Today**, Yoga, 5:30 a.m.,  
B-Ball, 7, 8 and 9 p.m.

**Saturday**, Volleyball, 1, 2 and  
3 p.m., B-Ball 7, 8 and 9 p.m.

**Sunday**, Volleyball, 1, 2 and  
3 p.m., Bench Press, 7 p.m.

**Monday**, Taebo, 5:30 a.m.,  
B-Ball, 7, 8 and 9 p.m.

**Tuesday**, Tai Chi, 5:30 a.m.

**Wednesday**, Taebo, 5:30 a.m.,  
B-Ball, 7, 8 and 9 p.m.

**Thursday**, Tai Chi, 5:30 a.m.

**Apr. 8th**, Yoga, 5:30 a.m.,  
B-Ball, 7, 8 and 9 p.m.

### ***ESVS Presents Just for fun***

**Tonight**, Combat Bingo,  
7:30 p.m.

**Saturday**, Casino Night,  
7:30 p.m.

**Sunday**, Spades, 8 p.m.

**Monday**, 301 Darts,  
2:00 p.m.

**Tuesday**, Dominoes, 2 p.m.

**Wednesday**, Ping Pong, 8 p.m.

**Thursday**, Chess Club,  
7:30 p.m.

**Apr. 8th**, Combat Bingo,  
7:30 p.m.